

## **Post-Operative Instructions**

### **Colposcopy**

*Sarpy County OB/GYN, P.C.*

A colposcopy is a microscopic examination of the cervix, vagina, or external genitalia. Colposcopies are performed on an outpatient basis, either in the office setting or (rarely) in an outpatient surgery center. Please refer to the American College of Obstetricians and Gynecologists (ACOG) handout for a detailed description which also covers the risks/benefits at [www.acog.org](http://www.acog.org).

1. It is normal to have a light pink to brownish red discharge initially. You may also have a little bleeding following your procedure. This should stop after a few days.
2. You may resume normal activities as tolerated immediately following the procedure.
3. Tylenol or Ibuprofen (Advil, Motrin) is usually sufficient to relieve any cramping.
4. Resume your medications as ordered.
5. Report any of the following:
  - a. Continuous bright red bleeding from the vagina
  - b. Fever by thermometer over 101 degrees F within 24-48 hours
  - c. Severe pain or cramping not relieved by Tylenol or Ibuprofen
6. No sex, tampons or douching for 2 weeks.
7. For after hours, call: 898-8500.
8. First post-operative check is usually at 2 weeks.